



Abbas Salehikia

Assistant Professor

Faculty : Educational Sciences and Psychology

Departments : Sports Sciences

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Education

- ✓ MS, Physical Education and Sport Science, University of Isfahan - 2007
- ✓ PhD, Physical Education- Exercise Physiology, Bu-Ali Sina University - 2015

Courses

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| 1. 0 | 2. Applied Sport Physiology |
| 3. lkj | 4. kll |
| 5. Volleyball 2 | 6. Principles and Practice Planning and Exercise |
| 7. Special advanced planning and endurance | 8. Volleyball1 |
| 9. tb | 10. dfg |

Master Thesis

1. The protective effect of Yarrow extract and 8 weeks of endurance training on the expression of BCL-2, BAX, caspase 3 and NF-KB genes in the left ventricular muscle of male rats induced with isoprotere

مهنوش جباري [Abbas Salehikia, Mojhgah Nowruz of Karimabad, Ayat Kaidi, Shila Nayeibifar, Reza Delavar, Marziyeh Khalifeh soltani]

نیمسال دوم سال تحصیلی 1401

2. Effect of three recovery methods via ice vest, massage and TENS on lactate and Creatine kinas enzyme serum levels following an intensive exercise session in active men

محمدصادق جباري [Abbas Salehikia, Reza Ghahramani, Mohsen Mohammad Nia Ahmadi, Reza Delavar, Mahmoud Fazel Bakhsheshi, Shila Nayeibifar]

نیمسال دوم سال تحصیلی 00-01

Journals Papers

2025

1. The effect of eight weeks of curcumin extract consumption combined with combined exercise (aerobic + resistance) on tumor necrosis factor alpha and body mass index in inactive obese women

Motahareh Mirmahzoon, Abbas Salehikia, Omid Mohammaddoost

Volume: (18) 228 - 238

2. تأثیر تمرینات ثبات دهنده مرکز بدن بر تعادل و عملکرد دانش آموزان پسر نابینای گلبالیست

Ghafur Saiadi, Maryam Banparvari, Abbas Salehikia

Volume: (14) 128 - 128

3. اثر تمرین هوازی و قهوه سبز بر ترموژنز بافت چربی موش های پیش دیابتی

Fateme Janghorbani, Abbas Salehikia, Seyed mohammad Marandi, Milad Abdollahi, Mohammadhussein Nasres

Volume: (12) 1 - 13

2024

4. TRX Training Impact on Femur Neck Bone Density and Serum Leptin in Osteopenic Women: A Four-Month Study

Fatemeh Podine, Abbas Salehikia, Maryam Banparvari, Zahar Raghi

Journal of Basic Research in Medical Sciences Volume: (11) 34 - 44

5. The Effects of Aerobic Exercises on Memory, Cerebral Edema, and Extracellular Neuronal Discharge in an Experimental Model of Traumatic Brain Injury: The Role of BDNF Expression

Zahra Bazdidi, Mohammadali Mirshekar, Abbas Salehikia

Journal of Kerman University of Medical Sciences Volume: (31) 165 - 173

6. بر سطوح سرمی پارامترهای استرس اکسیداتیو (HIIT) تاثیر شش هفته تمرین تناوبی با شدت بالا ورزشکاران رشته دوومیدانی شهر یاسوج

Sadegh Khademi, Abbas Salehikia, Omid Mohammaddoost, Mohammadali Mirshekar

Volume: (32) 67 - 76

2023

7. The Impact of Capecitabine and Combined Training on BRCA1 Gene Expression in Breast Cancer Induction

Masoud Shokuhi nia, Abbas Salehikia, Maryam Banparvari, Hamed Fanaei

Journal of Basic Research in Medical Sciences Volume: (10) 67 - 80

2022

8. The Effect of Four Months of Core Stability Training on Femoral Bone Mineral Density and Lower Extremity Muscles Strength in Postmenopausal Women

Mehdi Riyahi, Zahar Raghi, Maryam Banparvari, Abbas Salehikia

International Journal of Health Studies Volume: (8) 7 - 12

2021

تأثیر 8 هفته دویدن تداومی برسطوح سرمی پروتئین شبه متئورین و اینترلوکین 6 در رت های نر مبتلا به سندرم متابولیک

, Shila Nayeibifar, Abbas Salehikia, Hossein Nakhaei

Volume: (19) 78 - 89

10. The Effect of Four Months of TRX Training on Lumbar Bone Mineral Density and its Relationship with Serum Adiponectin Level in Osteopenic Women

Azadeh Saber Shahraki, Abbas Salehikia, Maryam Banparvari, Zahar Raghi

International Journal of Health Studies Volume: (7) 1 - 5

11. The effect of aerobic exercise and isoflavone soy supplementation (Glycine soja) on changes in hemoglobin A1C and fasting blood sugar in type 2 diabetic patients

Abbas Salehikia, Danial Kalantari, Mohammadreza Rezaeipour, Omid Mohammaddoost

Volume: (25) 1194 - 1202

12. Effects of 4 months core stability training on Lumbar Bone Mineral Density, trunk muscles strength and endurance and hand grip strength in postmenopausal Women

Ebrahim Yusefi, Maryam Banparvari, Abbas Salehikia, Zahar Raghi

Turkish Journal of Physiotherapy and Rehabilitation Volume: (32) 38174 - 38184

13. The Effect of Concurrent Training before and after Induction of Breast Cancer tumor with capecitabine consumption on HER2 gene expression in tumor tissue of female mice

, Abbas Salehikia, Maryam Banparvari, hamed Fanaei

Turkish Journal of Physiotherapy and Rehabilitation Volume: (32) 38165 - 38173

2020

14. Interactive effect of eight weeks combined training and curcumin consumption on serum levels of interleukin-12 and some anthropometric indicators in obese sedentary woman

Motahareh Mirmahzoon, Abbas Salehikia, Omid Mohammaddoost

Volume: (24) 565 - 575

2019

15. The effect of endurance training on protein-D surfactant (SPD) and insulin resistance index in type 2 diabetic rats

Abbas Salehikia, Mohammad Parastesh

Volume: (26) 89 - 97

16. The effect of resistance training on protein-D surfactant and insulin resistance index in healthy and type 2 diabetic rats

Mohammad Parastesh, Abbas Saremi, Abbas Salehikia

Volume: (7) 88 - 100

2018

17. Effect of a Single Session of Combined Training Along with Garlic Extract Supplementation on Oxidative Stress Biomarkers in Professional Girl Swimmers

, Ahmad Shahdadi, Abbas Salehikia

Volume: (3) 263 - 270

2017

18. The Long-Term Effects of Colostrum Supplementation and Sprint-Endurance Training on Plasma VEGF Levels in Male Wistar Rats

, Mehdi Mogharnasi, Abbas Salehikia, Mohsen Foadoddini,

International Journal of Basic Science in Medicine Volume: (2) 151 - 156

19. The effect of two types exercise therapy on bone mineral density and mechanical strength of osteoporotic male rats

Maryam Banparvari, Abbas Salehikia, Fateme Azarm

Journal of Basic Research in Medical Sciences Volume: (4) 28 - 35

2016

20. The Effect of Colostrum along with Aerobic and Anaerobic Exercise on Lipid Peroxidation and Total Antioxidant Capacity of Male Wistar

, , mohsen foadoddini, Abbas Salehikia,

Volume: (21) 265 - 277

21. Impact of a 12 week resistance and concurrent training on bone mechanical strength and mineral density of osteoporotic male Wistar rats

, Abbas Salehikia, ,

Volume: (20) 108 - 117

2015

22. تاثیر مداخله برنامه هاي تمريني استقامتي و ترکيبي (استقامتي-مقاومتي) بر تراکم توده استخواني و استحکام مکانیکی استخوان ران رت هاي نر مبتلا به پوکي استخوان

, Abbas Salehikia

Volume: (20) 873 - 887

تأثير تمرينات استقامتي و مقاومتي بر بهبود استخوان: مطالعه تراكم سنجي و هيستومورفومتري
رت هاي نر استئوپروتيك

, , , , Abbas Salehikia

Volume: (23) 90 - 100

24. The effect of resistance and combined training on biochemical markers of bone formation and femoral bending strength of osteoporotic male rats

, Abbas Salehikia, , , Arsham Rashid Kaboli

Volume: (3) 9 - 20

2010

25. Effect of one course exercise with consumption vitamin E on antioxidant status and cardiovascular risk factors

Hasan Naghizadeh, Maryam Banparvari, Abbas Salehikia

Zahedan Journal of Research in Medical Sciences Volume: (12) 33 - 39

26. Investigation the Effects of longitudinal endurance, sprint and strength activity on bone mineral density in elite, female athletes compare with non athletes

Maryam Banparvari, , , Abbas Salehikia

Volume: (7) 69 - 80

2008

اثر دراز مدت فعاليتهاي استقامتي وسرعتي ومقاومتي بر تراكم ماده معدني استخوان ورزشكاران
نخبه مرد

Abbas Salehikia, , , Maryam Banparvari

Volume: (43) 7 - 17

1. The effect of 4 months of specific core stability exercises on balance

2nd international and 5th national conference on new findings in sport sciences

Mehdi Riyahi, Zahar Raghi, Maryam Banparvari, Abbas Salehikia

2. The Effect of capecitabine consumption with Combined Training before and after Induction of Breast Cancer tumor on BRCA1 gene expression

Executive activities

مشاوره دانشجویان کارشناسی

from 1402/07/01 - to 1402/11/05

مدیر روابط عمومی

from 1397/06/24 - to 1398/06/22

مدیر روابط عمومی

from 1397/02/02 - to 1397/04/01

دبیر کمیته انضباطی

from 1395/07/01 - to 1395/10/29

دبیر کمیته انضباطی

from 1395/01/01 - to 1395/04/25

Research Project

2018

1. Assessment of posture and skeletal deformities and prescribing structure Corrective Exercises of wom

Maryam Banparvari, Abbas Salehikia - 2018

2. The effect of endurance training on surfactant proteins-D serum level of type 2 diabetic male rats

mohammad parastesh, Abbas Salehikia - 2018