
Masoud Rostami

Assistant Professor



Faculty : Educational Sciences and Psychology

Departments : Psychology

Phone : +9854 - 31136768

Email : mdrostami2009@edpsy.usb.ac.ir

Address : Dept.of Psychology, Faculty of Educational Sciences and Psychology, University of Sistan and Baluchestan, Daneshgah Ave., Zahedan, Iran.

Education

- ✓ B.Sc, Guidance and Counselling, University of Isfahan - 2001
- ✓ MS, Guidance and Counselling, Shahid Chamran University of Ahvaz - 2002
- ✓ PhD, Guidance and Counselling, Kharazmi University - 2019

Courses

- | | |
|---|---|
| 1. Bascis of Psychology-Main Cncepts | 2. Fundamental Issues in Psychology 1 |
| 3. Fundamental Issues in Psychology 2 | 4. Religion Psychology |
| 5. Propaganda and media psychology | 6. Introduction Guidance and Counseling |
| 7. Psychological Issues in quran and Hadith1 | 8. Psychological Issues in Quran and hadith2 |
| 9. Family Psychology and Counseling | 10. History and Schools of Psychology |
| 11. General Psychology | 12. Academic and vocational guidance and counseling |
| 13. Foundations of Guidance and Counseling | 14. General Psychology 1 |
| 15. Theories of Counseling and Psychotherapy | 16. Techniques of Counseling and Psychotherapy |
| 17. Educational and Career Counseling | 18. Educational and Career Counseling and guidance |
| 19. Preferential study of history and old and new schools | 20. Behavior Modification Procedures |
| 21. Basics of Islamic psychology 1 Science | 22. Group Dynamincs |
| 23. Family psychology | 24. Basics of Islamic psychology |
| 25. Basics of Islamic psychology | 26. Preferential study of history and old and new schools |

Thesis

Master Thesis

1. Comparison of the role of electronic teaching and traditional teaching on the academic performance and creativity of elementary school students in Konark

الهام رحمانی درمیان, [Masoud Rostami, Bahman Kord Tamini, Ali Farnam, Naser Nastiezaie]

نیمسال دوم سال تحصیلی 1402-1403

2. Comparison of study skills, academic motivation and aggression among students with substance abuse fathers and normal students

سلمان قاری زاده برنطین, [Masoud Rostami, Bahman Kord Tamini, Mahmoud Shirazi, Hadi Esmaeeli Darmian]

نیمسال دوم سال تحصیلی 1402-1403

3. The role of guilt in emotional coping styles and disordered eating behaviors in diabetic patients

مریم چمن, [Masoud Rostami, Ali Farnam, Bahman Kord Tamini, Kamran Bagherimajd]

نیمسال اول سال تحصیلی 1401-1402

4. The role of religiosity at work and the quality of work life in the self-evaluation of the job performance of education employees

زهره امیری هنزائی, [Masoud Rostami, Sana Nourimoghadam, Mehrdad Mazaheri Dasht Arjandi, Bahman Kord Tamini]

نیمسال اول سال تحصیلی 1401-1402

5. The role of cognitive and emotional failure and ataxia in predicting marital stress in women facing divorce.

زهرا علیزاده, [Masoud Rostami, Bahman Kord Tamini, Sana Nourimoghadam, Hadi Esmaeeli Darmian]

نیمسال اول سال تحصیلی 1401-1402

6. The role and use of the amount and type of mobile phone in e-learning and social development of students

عبدالغفور بلوچ, [Masoud Rostami]

نیمسال دوم سال تحصیلی 01-00

7. Investigating the Role of Mindfulness with life Expectancy and Psychological Well-Being of Married Women in Nikshahr

طوبی اولیائی, [Masoud Rostami]

نیمسال دوم سال تحصیلی 01-00

8. Investigating The role of Spiritual health on the level of Disease Anxiety and Tolerance of distress in the Treatment staff of corona disease patients.

ایوب بهزادی, [Masoud Rostami]

نیمسال اول سال تحصیلی 01-00

9. The role of resilience, difficulty in regulating emotion and mental health in the tendency to use drugs in men Iranshahr University of Medical Sciences

مریم رس, [Masoud Rostami]

نیمسال اول سال تحصیلی 01-00

10. Investigating the role of social media on personality, self-efficacy and motivation of academic achievement of high school students in the city of Konarak during the COVID19epidemic

فرزین اسدالهی, [Masoud Rostami]

نیمسال اول سال تحصیلی 01-00

11. The Relationship between the Executive Function of the Mind and thr Marital Conflicts of Married Cultures of Zahedan

حسین هراتی درویشی, [Mehrdad Mazaheri Dasht Arjandi, Ali Farnam, Zahra Nikmanesh, Masoud Rostami]

نیمسال اول سال تحصیلی 98-99

Journals Papers

2024

1. Comparing the Effectiveness of Forgiveness Training and Mindfulness Training on Cognitive Flexibility and Communication Skills in Individuals with Substance Use Disorders

alireza nakhaee, Ali Arab, Masoud Rostami

International Journal of Education and Cognitive Sciences Volume: (5) 122 - 133

2. Comparison of Executive Functions, Sensory Processing and Theory of Mind in Children from Divorced Families and Ordinary Children

Hora Alirahmzadeh, Ali Abedini², Fatemeh Shokri³, Masoud Rostami

Volume: (11) 110 - 124

3. Comparison of Processing Speed, Selective Attention, Planning, and Alexithymia between Children of Divorce and Normal Children

Maryam Abdoli, Amirhossein Mobaraki², Hadi Mohammadi, Masoud Rostami

Volume: (11) 76 - 90

2023

4. Executive Functions, Metacognitive Awareness, and Cognitive Flexibility in Advanced English Language Learners in Comparison to other Students

saeed rizi, Masoud Rostami

International Journal of Pediatrics-Mashhad Volume: (11) 17854 - 17867

5. اثربخشی آموزش بخشایش و آموزش ذهن آگاهی بر انعطاف پذیری شناختی در مردان دارای اختلال سوء مصرف مواد

alireza nakhai, Ali Arab, Masoud Rostami

Volume: (6) 553 - 563

2021

6. Effectiveness of group cognitive therapy by Michael Free method on reducing rumination and depression in female high school students

Masoud Rostami

Volume: (18) 150 - 171

2020

7. The Quality of life in the Retirement: The Role of Personality Traits, Coping Strategies and Religious Attitudes

Abdollah Moatamedi, Masoud Rostami, Mohammad Jalalvand, Yoosef Aazami

Volume: (6) 219 - 231

2019

8. Comparison of the effect of group counseling based on spirituality-based therapy and acceptance and commitment therapy (ACT) on improving the quality of life the elderly

Masoud Rostami, mohsen rasouli, abdollah kasaie

Volume: (9) 87 - 110

2018

9. مقایسه اثربخشی مشاوره گروهی مبتنی بر درمان معنویت محور و درمان مبتنی بر پذیرش و تعهد بر دلزدگی وجودی سالمندان

Masoud Rostami, mohsen rasouli, abdollah kasaie

Volume: (4) 165 - 261

Conferences Papers

2023

1. The Role of Guilt in Emotional Coping Strategies in Diabetic Patients

Maryam Chaman, Masoud Rostami

2. The Role of Guilt in Disordered Eating Behaviors in Diabetic Patients

2nd national conference on psychotherapy in iran

Maryam Chaman, Masoud Rostami

Executive activities

مشاوره دانشجویان کارشناسی

from 1403/11/06 - to 1404/04/06

مشاوره دانشجویان کارشناسی

from 1403/07/01 - to 1403/11/05

مشاوره دانشجویان کارشناسی

from 1402/11/21 - to 1403/04/04

مشاوره دانشجویان کارشناسی

from 1402/07/01 - to 1402/11/05