

Majid Vahidian Rezazadeh

Associate Professor

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Education

- B.Sc, Physical Education and Sport Science,Ferdowsi University of Mashhad - 1994
- MS, Physical Education and Sport Science,Shahid Beheshti University - 2002
- PhD, Physical Education- Exercise Physiology,Bu-Ali Sina University - 2015

Courses

1. Biochemistry and Sport Activity Metabolism
2. Exercise and illness
3. Exercise Physiology
4. Clinical Exercise Physiology

Master Thesis

Journals Papers

2022

1. The Effect of 2 Months of High-Intensity Interval Training on Serum Levels of Glutathione (GSH) and Malondialdehyde (MDA) in Male Schizophrenic Patients

Mehran Beylari, Majid Vahidian Rezazadeh, Shila Nayebifar

Volume: (9) 886 - 895

2. Effect of Ginseng supplement and aerobic exercise on NMDA level in non-athlete girls

Maryam Najafi, Majid Vahidian Rezazadeh, Omid Mohammaddoost

Volume: (7) 242 - 251

3. The Effects of Six Weeks of Endurance Training and CGRP Inhibition on Nrf2 and AKT Expression in the Hippocampal Tissue of Male Wistar Rats

Maryam Zare, Shila Nayebifar, Soheil Aminizadeh, Majid Vahidian Rezazadeh

MEDIATORS OF INFLAMMATION Volume: (2022) 1 - 9

4. اثر تمرينات يوگا بر شاخص هاي هماتولوژيك زنان كوهنورد

Leila Jamshidi, Majid Vahidian Rezazadeh, Shila Nayebifar, Mohammad Ali Molavi

Volume: (19) 234 - 242

5. اثر يك دوره تمرينات تناوبي شديد بر ميزان اينترلوكين 4 سرمي در مردان مبتلا به اسكيزوفرني

Marziyeh Safariyan, Shila Nayebifar, Majid Vahidian Rezazadeh, Zahra Ghiasi

Volume: (9) 13 - 21

2021

6. Evaluation of the effects of six weeks TRX training and curcumin intake on some indicators of muscle injury in female athletes

Mahboubeh Masoum pour askari, Majid Vahidian Rezazadeh, Omid Mohammaddoost

Volume: (6) 253 - 261

2020

7. Interactive effect of aerobic training and ginseng supplementation on brain-derived neurotrophic factor in girls 15 to 18 years

Maryam Najafi, Majid Vahidian Rezazadeh, Omid Mohammaddoost

Volume: (27) 25 - 34

8. Impact of Aerobic and Combined Exercise Training on Serum Levels of Fetuin-A and Some Metabolic Syndrome Indices of Overweight and Obese Women: A clinical trial study

Alieh Shahreki, Majid Vahidian Rezazadeh, Mortaza Nikoofar

Volume: (24) 322 - 331

9. Effect of TRX Training on Serotonin, Happiness and Army Physical Fitness Test (APFT) Scores of Border Guards Soldiers in Sistan and Baluchestan Province, South-West of Iran

Majid Vahidian Rezazadeh, , Mehrdad Mazaheri Dasht Arjandi

Volume: (22) 183 - 192

10. The interactive effects of resistance, endurance trainings and consumption of nettle extract on plasma apelin levels and weight changes in diabetic type 1 rats

Yosof Sarani, Majid Vahidian Rezazadeh, Hamed Fanaei

Volume: (8) 72 - 84

2019

11. Effect of 6 weeks aerobic exercise and oral Royal Jelly consumption on inflammatory factors multiple sclerosis patients

Rahmatollah Molaei, Majid Vahidian Rezazadeh, Ali Moghtaderi

Volume: (62) 1524 - 1535

12. Response of aspartate aminotransferase, alanine aminotransferase, and alkaline phosphatase enzymes to aerobic exercise and royal jelly in multiple sclerosis patients

Sepideh Basirat-e-dehkordi, Majid Vahidian Rezazadeh, Ali Moghtaderi

Volume: (23) 352 - 360

13. The Effects of 8 Weeks Pilates, Walking, and Combined Pilates and Walking on Heart Arrhythmia

, Majid Vahidian Rezazadeh, Hadi Heidari Mokarrar

Zahedan Journal of Research in Medical Sciences Volume: (22) 1 - 6

2018

14. Interactive Effects of Exercise on Bicycle Ergometer and Anti-Inflammatory Extract of Nettle on Some Obesity-Related Inflammatory Markers in Overweight and Obese Women

Majid Vahidian Rezazadeh, , mehdi mogharnasi

Volume: (6) 90 - 100

15. The effect of endurance and resistance exercises and consumption of hydro-alcoholic extract of nettle on the changes in weight and plasma levels of nesfatin-1 in type 1 diabetic rats

Seyed hani Davoodi, Majid Vahidian Rezazadeh, Hamed Fanaei

Volume: (22) 370 - 377

2017

16. The Effect of 8 Weeks of Aerobic Exercises with Ergometer and Nettle Extract Supplementation on Plasma Levels of Nesfatin-1 and C-Reactive Protein in Overweight and Obese Women

, Majid Vahidian Rezazadeh, Mehdi Mogharnasi, Mansour Karaji Bani

Volume: (9) 123 - 141

2016

17. The Effect of 8 Weeks of Aerobic Training and Consumption of Hydro-alcoholic Extract of Nettle on Apelin and hs-CRP plasma Levels of Overweight and Obese Women

, Majid Vahidian Rezazadeh, mehdi mogharnasi,

Volume: (9) 846 - 859

18. Effect of Moderate Exercise on Serum Interferon-Gamma and Interleukin-17 Levels in the Morphine Withdrawal Period

Ali Heidarianpour, Majid Vahidian Rezazadeh, Alireza Zamani

International Journal of High Risk Behaviors and Addiction Volume: (5) 1 - 7

2014

19. Effect of Endurance Training and Methadone Abuse on Interferon-Gamma and Interleukin-17 Serum Levels in Morphine-dependent Rats during Withdrawal Syndrome

Ali Heidarianpour, Majid Vahidian Rezazadeh, Alireza Zamani

Volume: (6) 58 - 68

2012

20. Relationship between the bases of power of the principals and job involvement of the High School teachers of Physical Education

Mahdi Amel Khabazan, Mahdi Talebpour, Negar Seifzadeh, Teimour Darzabi, Majid Vahidian Rezazadeh, Mo

international journal of sport studies Volume: (2) 147 - 150

2011

21. review of sport service quality by servqual model (a case study)

Majid Vahidian Rezazadeh, Nour mohammad Yaqhoubi, Morteza Nikoofar

Interdisciplinary Journal of Contemporary Research in Business Volume: (2) 173 - 181

Conferences Papers

2021

1. The effect of high-intensity interval training on serum interferon gamma levels in men with schizophrenia

Second National Conference on Sport Sciences

Ameneh Padash, Majid Vahidian Rezazadeh, Shila Nayebifar, Zahra Ghiasi

2. The effect of high-intensity interval training on serum glutathione levels in men with schizophrenia

Mehran Beylari, Majid Vahidian Rezazadeh, Shila Nayebifar

3. The effect of circular resistance training and spirulina supplementation on HOMA-IR and some anthropometric indices of obese and overweight men

Mahshid Khadish, Majid Vahidian Rezazadeh, Mehdi Mogharnasi

2020

4. Response of alanine aminotransferase, alkaline phosphatase, and aspartate aminotransferase enzymes to TRX training and curcumin supplementation in young athlete girls

The 12th International Congress of SSRI on Sport Sciences (ICSSRI 2020)

Mahboubeh Masoum pour askari, Majid Vahidian Rezazadeh, Omid Mohammaddoost

2019

5. Interactive effect of aerobic training and ginseng supplementation on brain-derived neurotrophic factor in young girls

The national conference of physical education and sports medicine

Maryam Najafi, Majid Vahidian Rezazadeh, Omid Mohammaddoost

6. Effect of aerobic exercises and royal jelly consumption on total anti oxidant capacity in multiple sclerosis patients

The national conference of physical education nutrition and sports medicine

Zahra Ghorghani, Majid Vahidian Rezazadeh, Ali Moghtaderi

7. The effect of combined exercise and pomegranate concentrate consumption on serum TNF-alpha in overweight and obese women

The national conference of physical education, nutrition and sports medicine

, Majid Vahidian Rezazadeh

2018

8. The effect of resistance exercise and consumption of nettle extract on apelin changes in wistar male rats with diabetic type 1

Fourth National Conference Sport Sciences and Physical Education of Iran

Yosof Sarani, Majid Vahidian Rezazadeh, Hamed Fanaei

9. Effect of endurance exercises and consumption of hydro alcoholic extract of nettle on the changes plasma levels of nesfatin-1 in type 1 diabetic male Wistar rats

Fourth National Conference Sport Sciences and Physical Education of Iran

Seyed hani Davoodi, Majid Vahidian Rezazadeh, Hamed Fanaei

10. Effect of endurance activities and pomegranate concentrate on CK and LDH changes in non-athlete women following an exhaustive exercise session

Fourth National Conference Sport Sciences and Physical Education of Iran

, Majid Vahidian Rezazadeh, Mortaza Nikoofar

2016

11. The effect of the use of nettle extract supplements and aerobic exercise ergometer on plasma levels of a protein appetite Nesfatin-1 and weights overweight and obese women

The second international and the fifth national conference of medical herbs and stable agriculture

, Majid Vahidian Rezazadeh, Mehdi Mogharnasi

12. Long term effects of nettle extract and selected aerobic exercise on levels of plasma apelin and C reactive protein in women with overweight and obese

The second international and the fifth national conference of medical herbs and stable agriculture

, Majid Vahidian Rezazadeh, Mehdi Mogharnasi

13. The effect of 8 weeks aerobic training and consumption of alcohlic extract of Nettlle on inflammatory markers TNF-, IL-6 in overweight and obese women

The second international and the fifth national conference of medical herbs and stable agriculture

Executive activities

مدير امور فرهنگي

from 1396/11/14 - to 1400/10/29