



Ahmad Shahdadi

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Education

- ✓ B.Sc, Physical Education and Sport Science,Guilan University - 1991
- ✓ MS, Physical Education and Sport Science,Kharazmi University - 1999
- ✓ PhD, Physical Education and Sport Science,National University of Physical Education of Belar - 2010

Courses

- | | |
|--------------------------------------|---|
| 1. ju | 2. Mechanical biological and physical dynamics of cross |
| 3. Foreign professional literature 1 | 4. mt |
| 5. New research seminar | 6. sd |
| 7. III | 8. Seminar on Physiology of Exercise |
| 9. gfd | 10. Introduction to Mechanics Of Huuman Motion |
| 11. df | 12. Scouting Seminar - Exercise Exercise |
| 13. Human Anatomy | 14. Analysis exercise |
| 15. 5 | 16. ddadsff |

Journals Papers

2018

1. Effect of a Single Session of Combined Training Along with Garlic Extract Supplementation on Oxidative Stress Biomarkers in Professional Girl Swimmers

, Ahmad Shahdadi, Abbas Salehikia

Volume: (3) 263 - 270

2016

2. Response of Coagulation Indices to Two Types of Exercise of Eccentric and Isometric in Male Bodybuilding Athletes

, Ahmad Shahdadi

Volume: (10) 13 - 21

3. The effect of 8 weeks rythmic Aerobic Exercise on vaspin and lipid profile in overweight and obese Women

Ahmad Shahdadi

JOURNAL OF MEDITERRANEAN STUDIES Volume: (7) 163 - 168

2015

4. تأثیر تمرینات هوازی بر مقادیر لیپتین سرمی و شاخص توده بدنی دختران جوان چاق

, Ahmad Shahdadi

Volume: (9) 27 - 36

Executive activities

مدیر گروه تربیت بدنی

from 1393/07/01 - to 1396/04/01

Research Project

2000

1. The study of Postural in the male faculty members of university of Sistan and Blouchestan.

Ahmad Shahdadi - 2000