



## Ahmad Shahdadi Professor

Faculty : Educational Sciences and Psychology

Departments : Sports Sciences

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## Education

- ✓ B.Sc, Physical Education and Sport Science,Guilan University - 1991
- ✓ MS, Physical Education and Sport Science,Kharazmi University - 1999
- ✓ PhD, Physical Education and Sport Science,National University of Physical Education of Belar - 2010

## Courses

- |                                      |   |
|--------------------------------------|---|
| 1. ju                                | 2. Mechanical biological and physical dynamics of cross |
| 3. Foreign professional literature 1 | 4. mt   |
| 5. New research seminar              | 6. sd   |
| 7. III                               | 8. Seminar on Physiology of Exercise                    |
| 9. gfd                               | 10. Introduction to Mechanics Of Huuman Motion          |
| 11. df                               | 12. Scouting Seminar - Exercise Exercise                |
| 13. Human Anatomy                    | 14. Analysis exercise                                   |
| 15. 5                                | 16. ddadsff   |

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## Journals Papers

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### 2018

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1. [Effect of a Single Session of Combined Training Along with Garlic Extract Supplementation on Oxidative Stress Biomarkers in Professional Girl Swimmers](#)

, Ahmad Shahdadi, Abbas Salehikia

Volume: (3) 263 - 270

### 2016

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2. [Response of Coagulation Indices to Two Types of Exercise of Eccentric and Isometric in Male Bodybuilding Athletes](#)

, Ahmad Shahdadi

Volume: (10) 13 - 21

3. [The effect of 8 weeks rythmic Aerobic Exercise on vaspin and lipid profile in overweight and obese Women](#)

Ahmad Shahdadi

JOURNAL OF MEDITERRANEAN STUDIES Volume: (7) 163 - 168

### 2015

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4. [تأثیر تمرینات هوازی بر مقادیر لیپتین سرمی و شاخص توده بدنی دختران جوان چاق](#)

, Ahmad Shahdadi

Volume: (9) 27 - 36

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## Executive activities

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[مدیر گروه تربیت بدنی](#)

from 1393/07/01 - to 1396/04/01

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## Research Project

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### 2000

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1. [The study of Postural in the male faculty members of university of Sistan and Blouchestan.](#)

Ahmad Shahdadi - 2000