



Mohammadreza Rezaeipour

Associate Professor

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Departments : Sports Sciences

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Education

- ✓ PhD, Sports medicine (Sports injuries and corrective mo,P.L. Shupyk National Medical Academy of Postgradua - 2013
- ✓ PhD, Sports medicine (Sports injuries and corrective mo,P.L. Shupyk National Medical Academy of Postgradua - 2013

Courses

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| 1. Physical Education and Sport for Disabled | 2. Sport injury |
| 3. Human anatomy | 4. Lifestyle by Special Physical Education |
| 5. Life style by special sports | 6. ESP in sports |
| 7. Endocrine and Nervous System Physiology | 8. Use and abuse of drugs |
| 9. English Text in Exercise Sciences | 10. Introductory Biomechanics of Sport |
| 11. Kinesiopathology of the neuromuscular system | 12. Special considerations and new methods in corrective exercises |
| 13. Disabled sports | 14. Introduction to Mechanics Of Huuman Motion |
| 15. Sensation and Perception | 16. Physiology of the nervous system |

Master Thesis

Journals Papers

2021

1. Efficacy of the WATERinMOTION Aquatics Exercise Programme on the Body Weight and Composition of Sedentary Older Women with Overweight/Obesity

Mohammadreza Rezaeipour, Gennady Leonidovich Apanasenko, Zahar Raghi

Montenegrin Journal of Sports Science and Medicine Volume: (10) 19 - 24

2. Effects of two water-based exercise programs on body weight and blood lipid parameters in elderly obese males with a sedentary lifestyle

Mohammadreza Rezaeipour

Diabetes Metabolic Syndrome-Clinical Research Reviews Volume: (15) 102194 -

3. Interactive effect of stevia aqueous extract and aerobic exercise on insulin resistance index and body composition of obese girls and boys during puberty

Mohsen Roknabadi, Mohammadreza Rezaeipour, Maryam Banparvari, Omid Mohammaddoost

Volume: (29) 55 - 67

4. The Effect of WATERinMOTION (WiM) Aquatic Exercise on Weight Loss and Metabolic Profiles in Sedentary Obese Elderly Men

Mohammadreza Rezaeipour, Nychyporuk Vladimir Ivanovich

Hormozgan Medical Journal Volume: (25) 65 - 70

5. Weight-Loss Parameters and Quality of Life in Obese Aged Women Using WATERinMOTION

Mohammadreza Rezaeipour, Gennady Leonidovich Apanasenko, Maryam Banparvari

Health Scope Volume: (10) 1 - 7

6. The effect of aerobic exercise and isoflavone soy supplementation (Glycine soja) on changes in hemoglobin A1C and fasting blood sugar in type 2 diabetic patients

Abbas Salehikia, Danial Kalantari, Mohammadreza Rezaeipour, Omid Mohammaddoost

Volume: (25) 1194 - 1202

2020

7. "Investigation of weight reduction and atherogenic features in response to aquafit among sedentary, obese middle-aged males"

Mohammadreza Rezaeipour

Obesity Medicine Volume: (18) 100227 -

8. Influences of Weight Loss and Physical Exercise on Lipid Panel in Overweight Middle-Aged Men

Mohammadreza Rezaeipour, Gennady Leonidovich Apanasenko

Hormozgan Medical Journal Volume: (24) 1 - 6

9. Investigation of Pool Workouts on Weight, Body Composition, Resting Energy Expenditure, and Quality of Life among Sedentary Obese Older Women

Mohammadreza Rezaeipour

Montenegrin Journal of Sports Science and Medicine Volume: (9) 67 - 72

10. Acute Improvement of Postural Steadiness Through Neuromuscular and Proprioceptive Training in Sedentary Older Females

Mohammadreza Rezaeipour, Gennady Leonidovich Apanasenko

Middle East Journal of Rehabilitation and Health Studies Volume: (7) 1 - 6

11. COVID-19-Related Weight Gain in School-Aged Children

Mohammadreza Rezaeipour

International Journal of Endocrinology and Metabolism Volume: (19) 1 - 3

2019

12. "Study of Neuromuscular and Proprioceptive Training Program on Postural Stability in Active Middle-Aged Men"

Mohammadreza Rezaeipour, Vladimir Ivanovich Nychyporuk

Middle East Journal of Rehabilitation and Health Studies Volume: (6) 1 - 5

13. COMPARISON OF EFFECT OF WEIGHT LOSS AND PHYSICAL EXERCISE ON THE CARDIAC RISK PROFILES OF MIDDLE-AGED WOMEN WITH OVERWEIGHT: A QUASI-EXPERIMENTAL STUDY

Mohammadreza Rezaeipour

Studies in Medical Sciences Volume: (30) 548 - 555

14. Influence of Negative Calorie Foods on Atherogenic Indices in Overweight Women

Mohammadreza Rezaeipour

Iranian Journal of Diabetes and Obesity Volume: (11) 99 - 105

15. Steady-State Postural Response to Neuromuscular and Proprioceptive Training Program in Active Middle-Aged Women

Mohammadreza Rezaeipour, Gennady Leonidovich Apanasenko

Middle East Journal of Rehabilitation and Health Studies Volume: (1) 1 - 6

16. Effects of Waterobics Programs on Body Mass, Body Composition, and Coronary Risk Profile of Sedentary Obese Middle-aged Women

Mohammadreza Rezaeipour, Gennady Leonidovich Apanasenko

Women's Health Bulletin Volume: (6) 13 - 17

17. Study of Weight Loss Parameters Among Sedentary, Overweight Postmenopausal Females Using Different Time Models of Aquafit

Mohammadreza Rezaeipour, Vladimir Ivanovich Nychporuk

Hormozgan Medical Journal Volume: (23) 1 - 6

2018

18. Study of Exercise Time Models on Weight Loss and Coronary Risk Panel in Inactive Middle-aged Men by Overweight or Obesity

Mohammadreza Rezaeipour

Studies in Medical Sciences Volume: (29) 389 - 397

19. COMPARISON OF TWO METHODS OF RESTORING SOMATOSENSORY AND MOTOR FUNCTION OF THE PARETIC UPPER LIMB AFTER STROKE

Mohammadreza Rezaeipour

Studies in Medical Sciences Volume: (29) 428 - 436

20. Effects of Overweight and Obesity on Postural Stability of Aging Females

Mohammadreza Rezaeipour, Gennady Leondovich Apanasenko

Middle East Journal of Rehabilitation and Health Studies Volume: (5) 1 - 5

21. Evaluation of postural stability in overweight and obese middle-aged men

Mohammadreza Rezaeipour

Turkish Journal Of Medical Sciences Volume: (48) 1053 - 1057

22. Efficacy of Exercise Time Models in Weight-Loss and Coronary Risk Panel of Middle-Aged Females

Mohammadreza Rezaeipour, Apanasenko Gennady Leonidovich

Hormozgan Medical Journal Volume: (22) 1 - 6

2014

23. Investigating the effects of negative-calorie diet compared with low-calorie diet under exercise conditions on weight loss and lipid profile in overweight/obese middle-aged and older men

Mohammadreza Rezaeipour, Gennady Leonidovich APANASENKO, Vladimir Ivanovich NYCHYPORUK

Turkish Journal Of Medical Sciences Volume: (44) 792 - 798

24. Investigating the Effects of Negative-Calorie Diet compared with Low-Calorie Diet on Weight Loss and Lipid profile in Sedentary Overweight /Obese Middle-Aged and Older Men

Mohammadreza Rezaeipour, Gennady Leonidovich APANASENKO, Vladimir Ivanovich NYCHYPORUK

Kuwait Medical Journal Volume: (46) 106 - 111

25. Comparison of Two Types of Diets on Losing Weight and Lipid Profile of Overweight/Obese Middle-Aged Women Under Exercise Condition

Mohammadreza Rezaeipour

Health Scope Volume: (3) 1 - 5

Conferences Papers

2020

1. Correlation between upper and lower extremities strength tests and BMI with the 6-minute walk test of elderly men

Second International and Fourth National Conference in Sport Sciences Innovations

Mohammadreza Rezaeipour, Zeynab Chobin

2. Investigating the effect of the body composition of the postmenopausal women on osteoarthritis of knee joint

Second International and Fourth National Conference in Sport Sciences Innovations

Mohammadreza Rezaeipour, Zeynab Chobin

3. The effect of aerobic exercise on hypertension in middle-aged women with hypertension (Case study: Women referring to Zabol health centers)

4th Conference on Applied Research in Physical Education, Sport Sciences and Championship

Mohammadreza Rezaeipour, Tahere Bameri

2019

4. Study of strength asymmetry of knee extensors muscles on the physical activity of middle-aged women

The 6th International Congress on Development and Promotion of Fundamental Science and Technolpgy in Society

Mohammadreza Rezaeipour, Nooshin HajiNezhad Bamroud

5. Evaluation of core stability as a determinant of performance in dynamic equilibrium and agility tests.

The 6th International Congress on Development and Promotion of Fundamental Science and Technolpgy in Society

Mohammadreza Rezaeipour, Tahere Bameri

6. The study of physical self-esteem on handicapped basketball players

The 2nd International Conference on the New Horizons in the Basic and Technical Sciences and Engineering

Mohammadreza Rezaeipour,

7. Comparison of cognitive performance of teen male tennis players with non-athlete teen

The 2nd International Conference on the New Horizons in the Basic and Technical Sciences and Engineering

Mohammadreza Rezaeipour,

8. Comparison of changes in carbohydrate, high dairy protein, and exercise in body composition of overweight elderly women

National Conference on Physical Education, Nutrition and Sports Medicine

Mohammadreza Rezaeipour,

9. Investigation of neuromuscular and proprioceptive training effect on the anterior-posterior stability of the posture in volleyball young boys during the tournament

The 2nd International Conference on the New Horizons in the Basic and Technical Sciences and Engineering

Mohammadreza Rezaeipour, Shila Nayeibifar,

10. Using static and dynamic stretching exercises to improve flexibility, agility and anaerobic performance of professional soccer players

The 5th National Conference on Sport Sciences and Physical Education of Iran

Mohammadreza Rezaeipour, Nooshin HajiNezhad Bamroud

11. A comparative study of the physical image of active and inactive adolescent girls in sports

1st International Conference on Sport and Sustainable development

Mohammadreza Rezaeipour,

2018

12. Investigating the Relationship between Sexual Maturity with Exercise and sedentary behavior among Iranian Teenagers

Mohammadreza Rezaeipour

13. Influence of neuromuscular and proprioceptive exercises during the competition season on postural stability in male youth

Mohammadreza Rezaeipour

2017

14. Comparison of two types of diet under exercise conditions on weight loss and lipid profile of overweight/obese older women

Mohammadreza Rezaeipour

15. Evaluation of postural stability in middle-aged men with overweight and obesity

Mohammadreza Rezaeipour

16. The effect of HIIT on serum levels of resistin in obese women

2nd international conference on applied research on physical education sport and athletic science

Mahla Tashakori zadeh, Khadijeh Molaei, Mohammadreza Rezaeipour

Executive activities

مدیر گروه

from 1396/11/09 - to 1398/10/29

مدیر گروه

from 1392/06/09 - to 1393/06/09