



Mortaza Nikoofar

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Education

- ✓ B.Sc, Physical Education and Sport Science,Sistan and Baluchestan University - 2000
- ✓ MS, Physical Education and Sports Science - Sport Mana,University of Tehran - 2006
- ✓ PhD, Physical Education and Sports Science - Sport Mana,Bu-Ali Sina University - 2014

Courses

Master Thesis

Journals Papers

2020

1. The effect of biorhythm cycle on physical ability of volleyball girls

Somayeh Bizadi zadeh, Mortaza Nikoofar, Reza Delavar

Volume: (12) 85 - 99

2. Impact of Aerobic and Combined Exercise Training on Serum Levels of Fetuin-A and Some Metabolic Syndrome Indices of Overweight and Obese Women: A clinical trial study

Alieh Shahreki, Majid Vahidian Rezazadeh, Mortaza Nikoofar

Volume: (24) 322 - 331

3. Effectiveness of Eight Weeks Aerobic Training and Nano Curcumin Supplementation on Serum Amyloid A Protein Content and Body Composition in Overweight and Obese Women

Fatemeh Jamshidirad, Mortaza Nikoofar, Shila Nayebifar

Volume: (12) 1 - 8

2019

4. Application of Acceptance and Commitment Therapy for Emotional Control in Type II Diabetic patients

monireh mahzooni, Mehrdad Mazaheri Dasht Arjandi, Mortaza Nikoofar

Volume: (7) 849 - 856

2017

5. The role of Dimensions of Organization Development in the Organization Commitment of Faculty Members of Physical Education of Universities of the Country

Mortaza Nikoofar, Mehrdad Mazaheri Dasht Arjandi

Volume: (10) 237 - 258

2014

6. The role of diversity management in the job burnout of faculty members of physical education of universities across the country

Gholamreza Shabani bahar, Mortaza Nikoofar, Nasrallah Erfani, Mehrzad Hamidi

Volume: (4) 67 - 79

7. The role of diversity management in organizational development of physical education faculty members of Iran's universities

Gholamreza Shabani bahar, Mortaza Nikoofar, Nasrallah Erfani, Mehrzad Hamidi

Volume: (3) 127 - 138

Conferences Papers

2019

1. The effect of 6 weeks of aerobic and combined training on BMI and serum homocysteine ??levels in obese women in Zahedan

Reza Delavar, Mortaza Nikoofar, Bahareh Bazzi

2018

2. Effect of endurance activities and pomegranate concentrate on CK and LDH changes in non-athlete women following an exhaustive exercise session

Fourth National Conference Sport Sciences and Physical Education of Iran

, Majid Vahidian Rezazadeh, Mortaza Nikoofar

3. Comparison of competitive anxiety among female athletes of solitary and team sports in Zahedan

First Conference Prevention and Sport Health

Mortaza Nikoofar, Somayeh Bizadi zadeh

4. Study and comparison of depression among female students of physical education and other disciplines of Sistan and Baluchestan University

First Conference Prevention and Sport Health

Executive activities

مدیر گروه علوم ورزشی

from 1398/11/05 - to 1401/06/16