



Ali Farnam

Associate Professor

Faculty : Educational Sciences and Psychology

Departments : Psychology

Phone : +9854 - 31136768

Email : farnam@ped.usb.ac.ir

Address : Dept.of Psychology, Faculty of Educational Sciences and Psychology, University of Sistan and Baluchestan, Daneshgah Ave., Zahedan, Iran.

Education

- ✓ B.Sc, Educational Sciences,Sistan and Baluchestan University - 1997
- ✓ MS, Educational Sciences,Tarbiat Modares University - 1999
- ✓ PhD, Psychology,Allameh Tabatabayi Uni - 2011

Courses

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|---|---|
| 1. Developmental Psychology | 2. Advanced Social Psychology |
| 3. General Philosophy | 4. Advanced Research Methods |
| 5. Religion Psychology | 6. Descriptive Statistics |
| 7. Epistemology | 8. Research Method in Psychology |
| 9. Psychology from the Muslim Scientists, Perspective | 10. Social Pathology |
| 11. Advanced Social Psychology | 12. Introduction to Islamic Philosophy |
| 13. Inferential Statistics | 14. Psychological Issues in quran and Hadith1 |
| 15. History and Schools of Psychology | 16. Psychological Issues in Quran and hadith2 |

Thesis

Journals Papers

2023

1. The Mediating Role of Psychological Well-Being on the Relationship between Mindfulness and Wisdom in Health Advocates Fighting the Coronavirus Crisis

Farhad Molaei amjaz, Ali Farnam

Volume: (30) 163 - 182

2022

2. The Relationship between Mindfulness and Wisdom with the Mediating Role of Psychological Sense of Cohesion on Health Defenders

Farhad Molaei amjaz, Ali Farnam

Tobacco Regulatory Science Volume: (8) 795 - 803

3. The Relationship between Spouse Choosing Criteria and Positive Feelings towards Spouse: The Mediating Role of Family Unity and Flexibility

Najme Salmani, Ali Farnam

Volume: (19) 219 - 249

4. تعیین اثربخشی درمان پذیرش و تعهد بر افسردگی و کیفیت رابطه زناشویی زنان مبتلا به نشانگان پیش از قاعدگی

Davood Rastegar, Ali Farnam, Mahmoud Shirazi

Volume: (12) 1 - 9

2021

5. The investigation of relationship path between Communication Skills. Individual Adaptation and Positive Psychological states in Male and Female Students of Mashhad Farhangian University

vahid nesaai, Farhad Kahrazei, Ali Farnam, mohammad ali fardin

Volume: (17) 138 - 153

6. Effects of Executive Function Skills Training on Visual-Spatial Processing and Working Memory in Elementary School Children with Learning Disorders

Gholam Hossein Hosseinidashtbayaz, Hossein Jenaabadi, Ali Farnam

Volume: (10) 1 - 8

7. The Effectiveness of Positivity Skills Training on Improving Extramarital Relationships by Emphasizing the Mediating Role of Attachment Styles

Zahra Nikbakht, Ali Farnam, Farhad Kahrazei

Volume: (4) 23 - 35

8. Effectiveness of Stress-Based Mindfulness Therapy on the Students Feelings of Loneliness and Internet Addiction

mojtaba ahmadi, Zahra Nikmanesh, Ali Farnam

Volume: (19) 1 - 9

9. The effect of Sleep Pattern Modification on Increasing Academic Self-efficacy of Elementary School Students

FatemehZahra Hosseinzadeh Javary, Hossein Jenaabadi, Ali Farnam

International Journal of Pediatrics Volume: (9) 14549 - 14556

2020

10. Effectiveness of training of executive functions on the performance of quantitative reasoning, knowledge, and fluid reasoning among students with learning disabilities in the first and second grades of elementary school

gholamhossein dasht bayaz, Hossein Jenaabadi, Ali Farnam

Volume: (12) 28 - 35

11. Emotion Regulation Therapy on Depression and Marital Intimacy in Women with Premenstrual Syndrome

davood rastgar, Ali Farnam, Mahmoud Shirazi

Volume: (10) 1 - 9

12. The Role of Dimensions of Family Communication Patterns and Dimensions of Classroom Psychosocial Environment in Addiction to Mobile-Based Social Networks among Male High School Students in Zahedan

Ali Farnam, Mehrdad Ghanbarpour ganjari

Volume: (17) 121 - 144

13. The Effect of Modifying the Sleep Pattern on Reducing the Math Learning Disorder among Elementary School Students

fatemeh Zahra Hosseinzadeh Javary, Hossein Jenaabadi, Ali Farnam

International Journal of Pediatrics Volume: (8) 12197 - 12204

14. The Analysis of the Effectiveness of Emotional Processing Strategies on Academic Adjustment and Academic Engagement of the Students in Kerman City, Iran

Mohammad Mohammadrezakhani, Ali Farnam, Hossein Jenaabadi

International Journal of Pediatrics Volume: (8) 12545 - 12554

15. Effectiveness of Emotional and Cognitive Processing Strategies on Academic Adjustment and Academic Engagement of High School Students of Kerman

mohammad mohammadrezakhani, Ali Farnam, Hossein Jenaabadi

Iranian journal of Learning and Memory Volume: (3) 51 - 59

16. The effectiveness of group schema therapy on early maladaptive schema of traditional and industrial addicts under methadone treatment

ali akbar nakhaie shamahmood, Ali Arab, Ali Farnam

Volume: (18) 1187 - 1197

17. Effectiveness of group corm psychotherapy on coping abilities and negative emotions of traditional and industrial methadone - treated drug abusers

ali akbar nakhaie shamahmood, Ali Arab, Ali Farnam

Volume: (19) 619 - 628

18. Effectiveness of Mindfulness-Based Eating Awareness Training (MB-EAT) on Self-Care, Depression in Women with Type II Diabetes

Ali Farnam, Hamidreza Mishekari, Lotfalh Saberian Borojeni , Zahra Karami Mohajeri

Volume: (62) 527 - 538

19. The Effectiveness of Acceptance and Commitment Group Therapy on the Components of Academic Well-being (Burnout, Engagement, Satisfaction, and Valuability) in Students

Fatemeh Ahmadi Moghadam, Ali Farnam, Gholamreza Sanagouye Moharer

Volume: (7) 14 - 24

20. The Effectiveness of Play Therapy with Cognitive-Behavioral Approach in reducing Social Anxiety among Conduct Children

Ali Farnam, sajad Soltaninezhad, Elahe Heidari

Volume: (6) 95 - 104

2019

21. The Predictive Role of Alexithymia in Marital Satisfaction and Marital Forgiveness of People with Antisocial Personality Disorder

Zahra Bahreini, Babak Keshvari, Ali Farnam

Volume: (6) 208 - 216

22. The comparison of the effectiveness of group schema therapy and group emotional-based couple therapy on couples maladaptive schemas and life satisfaction

Ahmad Aghaee, Farhad Kahrazei, Ali Farnam

Volume: (18) 133 - 142

23. مقایسه عملکردهای حافظه فعال شنیداری، دیداری-فضایی و بلندمدت در دانش-آموزان دارای اختلال ریاضی و بهنجار

hekmat karampour mohammad abadi, afsaneh zarkouie, Ali Farnam

Volume: (8) 55 - 74

24. The Effectiveness of Acceptance and Commitment Therapy in Increasing Hope and Decreasing Negative Excitements of Male Students in the Ninth-Grade

Abbas Hani asl hizani, Ali Farnam

Volume: (15) 223 - 246

25. The Relationship between Self-Efficacy and Cognitive Emotion Regulation with Psychological Well-Being among the Staff of a Military Organization

Ali Farnam, azizollah heydari

Volume: (10) 5 - 14

26. Analysis of the Spiritual, Psychological, Physical and Social Impacts and Consequences of Sin on the Health of the Body and the Spirit from the Perspective of the Quran and Narrations. Quran and Medicine

Ali Farnam, samane kia, esmat khalili

Volume: (4) 101 - 109

2018

27. Effectiveness of Problem Solving and Anger Management on decrease of Parent-Adolescent Conflicts among Boy Students

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Volume: (15) 149 - 176

28. The mediating relationship between internet addiction with happiness and personality traits in students

Zahra Moghanizadeh, Ali Farnam, Zahra Talebi, Maryam Asvadi

Journal of Fundamentals of Mental Health Volume: (20) 236 - 247

29. Effectiveness of Self-Encouragement Training Based on Shoenakers Method in Spiritual Health among University Students

alahnazar alisofi, Ali Farnam, Mahmoud Shirazi

Volume: (7) 153 - 159

2017

30. Role of big five personality traits in obsessive compulsive disorder and sleep quality among student

, , Mahmoud Shirazi, Ali Farnam, Ali Arab

Journal of Research and Health Volume: (7) 1086 - 1093

31. The Relationship of Body Image with Emotion Regulation, Stress, and Aggression and the Comparison of Them between Men and Women with Multiple Sclerosis

Ali Farnam, Faride Marashi, Melika Sanatnama

Jundishapur Journal of Chronic Disease Care Volume: (6) 1 - 9

32. Effectiveness of Positive Training on Positive Psychological States (Character Strengths) of Female High School Students

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Volume: (3) 61 - 75

33. Examining Irrational Beliefs among Youth Using Hookah in Traditional Teahouses and Youth Referring to Bodybuilding Sport Clubs

Ali Farnam, Muhammad Ali Fardin, Hossein Jenaabadi, Mahmoud Shirazi, Gholamreza Sanagoey

Volume: (27) 207 - 216

2016

34. The Effectiveness of Emotional Intelligence Training on Psychological Well-being of Veterans and Martyrs Children

, Ali Farnam

Research Journal of Applied Sciences Volume: (11) 488 - 495

35. the Effect of Positive Thinking Training in Enhancement of Quality and Hope of life among The Elderly

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Volume: (2) 75 - 88

36. Effectiveness of Healthy Behavior Training in Problem Solving Styles and Strategies of Coping with Problems in Adolescent Students with Emphasis on Problem Solving

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Volume: (13) 89 - 108

2015

37. Effectiveness of Positivism Training on Enhancement of Quality of life With Emphasis on Quran and Islamic Issues.

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Volume: (6) 61 - 85

38. Effectiveness of Matrix Model in Relapse Prevention and Social Support Enhancement among Subjects with Substance Dependency

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Volume: (5) 85 - 98

2014

39. Effectiveness of "Mindfulness Based Relapse Prevention (MBRP) Model" in Relapse Prevention and Coping Skills Enhancement in Subjects with Substance Dependency

Ali Farnam, ahmad borjali, faramarz sohrabi, mohamadreza falsafinejad

Volume: (4) 79 - 99

2013

40. Effectiveness of Mindfulness-Based Cognitive Therapy (MBCT) in Reducing Aggression of Individuals at the Juvenile Correction and Rehabilitation Center

Atefeh Milani, Zahra Nikmanesh, Ali Farnam

International Journal of High Risk Behaviors and Addiction Volume: (2) 126 - 131

2012

41. "Effectiveness of Mindfulness-Based Cognitive Therapy (MBCT) in Reducing Aggression of Individuals at the Juvenile Correction and Rehabilitation Center

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international journal of high risk behaviors and addiction Volume: () 126 - 131