



Elham Shirdel

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Education

- ✓ B.Sc, Sociology, Shahid Bahonar University of Kerman - 2009
- ✓ MS, Sociology, Shiraz University - 2011
- ✓ PhD, Sociology, Shiraz University - 2016

Courses

- | | |
|---|---|
| 1. History of Social Thought in Islam | 2. Basics of Sociology-Main Concepts(2) |
| 3. Sociology of Third World | 4. Archeology from Anthropological Approach |
| 5. Linguistic from Anthropological Approach | 6. Qualitative research method |
| 7. Basics of Sociology-Main Concepts(1) | 8. Sociology foundations |
| 9. Foundations of Social History of Iran | 10. Sociology of Revolution |
| 11. Theories of Anthropology | 12. Preliminary Analysis of Population |
| 13. Basics of Psychology-Main Concepts | 14. Principles of Cooperation |

Master Thesis

1. Investigating the effect of social capital on the trend towards sustainable development in Zabul city

امير مير [Hossein Ebrahim zadeh asmin, Elham Shirdel, Abdolrasool Hasanifar, Saeid Mohammadi Sadegh, Mehdi Moeini]

نیمسال دوم سال تحصیلی 1403-1404

2. Adolescent girls awareness of reproductive health during menstruation(case study: secondary school girls in the suburbs of Zahedan)

ساناز صوفیان [Elham Shirdel, Khadijeh Asadi Sarvestani, Sana Nourimoghadam, Mohammad Reza Hasani, Mehdi Moeini]

نیمسال اول سال تحصیلی 1403-1404

3. An exploration of conditions, context and social consequences of water shortage in Bamposht

زینب محمدی [Elham Shirdel, Mohammad Osman Hosseinbor, Khadijeh Asadi Sarvestani, Mehdi Moeini]

نیمسال دوم سال تحصیلی 1403-1402

4. Investigating factors affecting the feeling of social security among female secondary school students in Zahedan city

بهروز سراوانی خوشبخت [Abdolrasool Hasanifar, Elham Shirdel, Saeid Mohammadi Sadegh, Mehdi Moeini, Mohammad Reza Hasani]

نیمسال دوم سال تحصیلی 1401

5. Child Labour and its individual and social consequences in the students lives in the suburb of Zahedan city.

یعقوب نارونی [Elham Shirdel, Abdolrasool Hasanifar, Morteza Masroor Alinoudehi]

نیمسال اول سال تحصیلی 1402-1401

6. Investigating the individual, family, social and cultural characteristics of working student children in the marginal area of Zahedan city

علی زینلی قاسمی [Elham Shirdel, Hossein Ebrahim zadeh asmin]

نیمسال اول سال تحصیلی 1402-1401

7. The impact of Civic Institutions on the social empowerment of women living in the zahedans Informal settlements(Case Study: Shirabad)

مهسا ایرین [Elham Shirdel, Morteza Masroor Alinoudehi, Abdolrasool Hasanifar, Saeid Mohammadi Sadegh, Mehdi Moeini]

نیمسال دوم سال تحصیلی 00-01

8. Investigation of social factors related to changes in social health of high school students in Zahedan during the outbreak of coronavirus

سیدعلی جوادزاده [Elham Shirdel, L J]

نیمسال اول سال تحصیلی 00-01

9. Comparison of quality of life of working employed and housewives women in Mehrestan city and study of related factors

عبدالحمید دهانی [Elham Shirdel]

نیمسال اول سال تحصیلی 00-01

10. The first women lived experience of the feelings in polygamous families (A phenomenological study in Sistan and Baluchestan

حسین روشناس [Elham Shirdel, Hossein Ebrahim zadeh asmin]

نیمسال اول سال تحصیلی 00-01

11. The effect of social networks on attitudes toward gender inequality (Case study: Students of Iranshahr University)

زیور شیبانی [Elham Shirdel, Hossein Ebrahim zadeh asmin, Abdolrasool Hasanifar, Saeid Mohammadi Sadegh, Mehdi Moeini]

نیمسال اول سال تحصیلی 00-01

12. Social factors related to the tendency of Zabul people to use drugs during the Covid-19 epidemic

مهدي شهرکي [Elham Shirdel]

نیمسال اول سال تحصیلی 00-01

Journals Papers

2026

1. [Water Scarcity Crisis and Social Instability: A Phenomenological Study in the Bam Posht Region](#)

Elham Shirdel, Zeynab Mohammadi

Volume: (4) 149 - 174

2. [Local Governance and Womens Empowerment: Explaining the Capacity of Non-Governmental Organization in Marginalized Urban Settlements of Zahedan](#)

Elham Shirdel, Morteza Masroor Alinoudehi, Mahsa Abrin

Volume: (6) 189 - 209

3. [Trends and factors associated with child marriage among girls in Indian subcontinent countries](#)

Elham Shirdel

Volume: (18) 277 - 298

2025

4. [برساخت هویت قومی در دانشجویان دختر دانشگاه سیستان و بلوچستان](#)

Elham Shirdel

Volume: (16) 201 - 239

5. [The Effect of Social Networks on the Students Attitude Towards Gender Justice Case Study: Iranshahr Velayet University](#)

Elham Shirdel, Hossein Ebrahim zadeh asmin, Zivar Sheybani

Volume: (5) 61 - 88

6. [The Meaning of Social Violence from the Perspective of Women in Zahedan: A Phenomenological Study](#)

Elham Shirdel, Faheze Narooi

Volume: (13) 511 - 537

2024

7. [Reasons for intensified distance between the followers of different religions and sects in Sistan and Baluchestan Province](#)

Elham Shirdel, Shakib Zarbighalehhamami

Volume: (17) 35 - 63

8. [The abortion trend after the pronatalist turn of population policies in Iran: a systematic review from 2005 to 2022](#)

Elham Shirdel, Khadijeh Asadi Sarvestani, Fatemeh Hami Kargar

BMC PUBLIC HEALTH Volume: (1885) 1 - 11

9. Sociological Explanation of affecting factors on Hope for the future in the youth of Zahedan city

Elham Shirdel

Volume: (5) 71 - 90

10. The dialectical combination of philosophy and An approach of the futuristic elements ;the future of Hegels thought

Mohsen HaKemi, Elham Shirdel

Volume: (5) 157 - 188

2023

11. The effectiveness of virtual education for intellectual-social empowerment of housewives in entrepreneurship

Elham Shirdel

Volume: (42) 71 - 82

12. Ranking of affecting factors on the quality of life of employed and housewives women (Using AHP technique)

Elham Shirdel, Mehdi Moeini, Abdolhamid Dehani

Volume: (21) 517 - 540

13. Religious Heterogeneity and Family Challenges: A study of the Contextual Theory of Couples in Sistan and Baluchistan Province

Mohammad Reza Hasani, Elham Shirdel, فاطمه حامي کارگر

Volume: (34) 43 - 64

14. The Social Construction of Interfaith Interrelationship in the Province of Sistan and Baluchestan: A Qualitative Study from the Perspective of Educated Youth in Zahedan

Elham Shirdel, Shakib Zarbighalehhamami

Volume: (2) 5 - 27

2022

15. Construction of a Successful Inter-Religious Marriage and the Context of Its Formation: A Qualitative Study between Couples in Sistan and Baluchestan Province

Elham Shirdel, Mohammad Reza Hasani, fateme hami kargar

Volume: (8) 373 - 397

16. Social Factors Affecting the Social Health of Zahedan Secondary School Students during the Outbreak of the Corona Virus

Elham Shirdel, Akbari Hossein, Seyyedali Javadzadeh

Volume: (4) 129 - 150

2021

17. The Relationship between Social Capital and Lifestyle with the National Identity of Teenage Girls in Kerman City

Elham Shirdel, Fateme Hami Kargar , Fateme Anjom Shoa

Volume: (22) 69 - 87

18. مطالعه کیفی شکل گیری احساس تعلق اجتماعی و تکرار جرم در مددجویان سابقه دار

Elham Shirdel, Maryam Mohamadi

Volume: (10) 499 - 528

19. The relationship between the school atmosphere and the trust police in the attitude of high school girls in Kerman

Elham Shirdel, Maryam Mohamadi , Hamid Shirdel

Volume: (9) 206 - 228

20. A Study of Womens Competence for the Incumbency from the View of the Noble Quran

Mohsen Hakemi, Elham Shirdel, Fateme Hami kargar

Volume: (9) 147 - 166

21. A phenomenological study of the health-based lived experience of the youth of Sistan and Baluchestan in the COVID-19 crisis

Elham Shirdel, fateme hami kargar, Mehri Moradkhani

Volume: (11) 63 - 84

22. Corona and Family Challenges: A Phenomenological Study of the Lived Experience of the Youth of Sistan and Baluchestan

Elham Shirdel, Fateme Hami Kargar, Mehrab Sohrab Zadeh

Volume: (16) 133 - 154

23. Womens Lived Experience of Emotional Bonding with Their Husbands and Successful Vaginal Delivery: A Phenomenological Study

fateme hami kargar, Elham Shirdel

Volume: (9) 156 - 179

24. Religious Feelings and Family Adjustment with The Covid-19 Crisis: A Phenomenological Study in Sistan and Baluchestan Province

Elham Shirdel, Fateme Hami Kargar, Mohsen Hakemi

Volume: (14) 159 - 183

2020

25. A qualitative study about not being coherence of family and recidivism in the recorded woman prisoners

Elham Shirdel, mohammadi Maryam

Volume: (22) 37 - 63

Conferences Papers

2025

1. Social Contexts of Early Breast Cancer Detection: A Phenomenological Study Among Women in Zaheda

3rd International 4th National Congress on Womens Role in Society Family Health

4. An autoethnography the lived experience of a qualitative researcher of remote ethnography in the context of the Corona epidemic

Being "here", researching "there": Reflecting on Temporal and Spatial Remoteness in Ethnography

Elham Shirdel

Executive activities

معاون آموزشی دانشکده ادبیات و علوم انسانی

from 1403/07/01 - now

معاون آموزشی دانشکده ادبیات و علوم انسانی

from 1401/10/28 - to 1403/06/31

معاون آموزشی دانشکده ادبیات

from 1401/06/19 - to 1401/10/27

Research Project

2022

1. Measuring the condition of organizational culture in the electric power distribution company of Sist

Elham Shirdel - 2022

2021

2. Survey of effective factors in womens tendency to entrepreneurship in Sistan and Baluchistan provinc

Elham Shirdel - 2021